



MOOSE JAW MULTICULTURAL COUNCIL

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Chamber of Commerce, 800 CHAB & Country 100 Citizen/Group of the Year

The Moose Jaw Multicultural Council was nominated in January 2010 for group of the Year. MJMC recently celebrated 35 successful years as an active and charitable organization both culturally and economically. Our organization was very honoured to have received this recognition.

Congratulations goes out to Bob Fielding who was this year's winner for citizen of the Year. Many people affiliated with The Moose Jaw Multicultural Council remember Bob as a past president from 1992-2002.

Bob was a member of the Prosvita Ukrainian Culture Society, a Ukrainian dancer and instructor. Bob volunteered many hours to our organization and continues to be supportive of our clients and services.

Winners and awards were announced during a chamber luncheon at the Heritage Inn on January 21, 2010 where Glenn Hagel delivered his 2010 State of the City Address.

Right: Bob Fielding receiving a plaque for Citizen of the Year from Darryl Pisio .



Above: Bob Fielding, Loretta Mayall, Elyse Reader and Ernie Penney on stage before winner of Citizen of the Year Award was announced.



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www.rbcroyalbank.com
- New to Canada? Your culture is part of our future.

For further information go to:

www.rbcroyalbank.com

Immigrant Gateway

The Moose Jaw Multicultural Council in partnership with the Ministry of Advanced Education, Employment & Labour will soon be establishing an Immigrant Gateway as a first stop, walk in, and collaborative service centre to welcome immigrant newcomers to the Moose Jaw and region.

The Immigrant Gateway will be approaching other stakeholders in our community and surrounding

area to form an advisory committee to govern the services that best suit the needs of immigrants arriving in our region.

Patricia Davies, who has been an employee of the Moose Jaw Multicultural Council for the last three years, has been hired as the gateway manager.

The Moose Jaw Multicultural Council is excited to have this opportunity to continue

to provide services to meet the needs of newcomers in our city. The new Immigrant Gateway will help guide and support newcomers to access information, available resources and services to help with their transition in to our community and region.

We are currently exploring rental spaces in Moose Jaw in order to house this new initiative.

**MOTIF MOOSE JAW
MULTICULTURAL FESTIVAL**

July 9, 10, and 11, 2010
Happy Valley Park



Gates open daily at 3:00 p.m.

Motif 2010 celebrates our cultural roots. It strengthens understanding and tolerance of our differences and creates pride in our youth about their heritage. The Children's Cultural Program will once again be held throughout the three-day festival. This program is a free attraction for children ages 6-12 years. Bring your family! Bring your friend! We know you will have a wonderful weekend!

For more information on our services contact us at:
306-693-4677 or
Fax: 306-693-0477
E-mail: reception@mjmcinc.ca

**We are on the web
www.mjmcinc.ca**

**Moose Jaw
Multicultural Council
Open House
April 23, 2010
Time: 1:00- 3:00 PM
and 5:00 -7:00 PM
Come see our newly
renovated Daycare
and Office Space.
60 Athabasca St. E
Moose Jaw, SK
693-4677**

Canadian Western Agribition

Agribition is Canada's premiere agricultural show, featuring cattle, horses, bison and sheep. Visitors can view 12 breeds of purebred beef cattle, including four Canadian National Shows, light and draft horse events, the new Ranch Rodeo, grain and forage exhibits, the International Stock Dog Trials, and Agri-Ed Showcase.

LINC classes attended the Canadian Western Agribition 2009 in Regina via chartered bus.

The students enjoyed watching much of the entertainment featured such as:

New Acreage Showcase, featuring a wide range of products and services required by the growing number of acreage owners.

New Cowboy Arts and Heritage Showcase: spotlighting the life and lifestyle of the modern and traditional cowboy.

Ranch Rodeo: recalls the early days of friendly competition between ranch-

hands. They represent the events that were forerunners to modern day rodeo competitions.

Cow Horse Competition: previews the best trained cow horses and top trainers showing their skills. Also known as the reined cow horse, where horses are asked to work a single live cow in an arena. They perform specific maneuvers that include circling the cow, turning it in a specified manner, and performing a reining pattern.

Below: Moose Jaw Highland Festival



Above: Canadian Western Agribition

61st Annual Moose Jaw Highland Festival

61st Annual Moose Jaw Highland Festival is scheduled for Saturday, May 22, 2010. This annual festival is always a pleasant competition and is known for the unparalleled beauty and serenity of its sounds. Bands from all across the prairies will attend and enjoy the warm hospitality that Moose Jaw has to offer. Throughout the day over 200 individual pipers and drummers will compete in

solo competitions playing various pieces of music ranging from marches and reels to classical music. The Pipe band contest is one of the larger attractions at this years games. You will find numerous bands attending regularly from many provinces in Canada. The contest itself is adjudicated by world class judges in attendance from Ontario, British Columbia, Alberta,

and Saskatchewan. There are four levels of competition that bands can compete in at the games: Grade Two-Five, with Grade Two as the highest level of competition. Be sure to attend the closing ceremonies where the winners of the pipe band events will be announced. For further details contact Russ McKnight at 692-3233.

International Women's Day Come and Go Tea

Each year, March 8th is celebrated around the world as International Women's Day (IWD). This is a day we can focus on and remember the struggles of women around the world. On this day we have a chance to reflect on the past and the ongoing progress we have made in the struggle for peace, equality and social advancement. IWD is marked as a commemorative day for the hard work and dedication of women around the world who are at the forefront of advancing women's issues. IWD is

celebrated in many countries around the world as a day when women are recognized for their achievements. Since the early days, IWD has assumed a new global dimension for women in developed and developing countries alike, to help make the commemoration a rally point to build support for women's rights. IWD is a time to reflect on progress made, to celebrate acts of courage and determination by ordinary women who have played extraordinary roles in the history of their countries and communities.

Come help celebrate these accomplishment with:

The Moose Jaw Multicultural Council's

Come and Go Tea

Friday, March 5, 2010

Time: 12PM—3PM

The students will help to prepare dainties and teas popular in their home countries for the everyone to enjoy. Women of the world, please feel free to come and join us in this celebration and experience the world.



The Moose Jaw Multicultural Council will be hosting an International Women's Day Come and Go Tea Friday, March 5, 2010

Time: 12PM—3 PM

For more information Contact Joanne Ogilvie at 693-4677.

Daycare Renovations

Inspired by our renovation, the children have been drawing room designs and adding pictures to our walls. The children love to reconstruct and to represent their thinking and planning. They inspire us all with their creative ideas and logical thinking. To enhance their ideas, we have begun making building projects from popsicle sticks, and toothpicks.

We are beginning to restructure our program and look forward to having two functioning Daycare rooms. We are following the lead of the children and pursuing their interests in pirates and buried treasures. We have enhanced their dramatic play with science experiments, and math activities by identifying and counting money.

New spaces will be opening for Daycare as of March 1, 2010 for children ages 18 months to kindergarten. Come and enjoy a culturally diverse daycare, that provides an excellent, child-directed atmosphere.

We strive to meet the needs of the "whole child".

Philosophy of the Centre

- ◆ To ensure the safety and well being of each child.
- ◆ To help children acquire the skills needed to fully integrant into school system when that times arrives.
- ◆ To keep with objectives and mandate of the Moose Jaw Multicultural Council.

Hours of Operation:

Monday to Friday

8:30 AM to 4:00 PM.

For more information contact:

Diana Brennan—

Daycare Director

at: 693-4677

There are no seven wonders of the world in the eyes of a child. There are seven million.



Moose Jaw Multicultural Council
60 Athabasca Street West
Moose Jaw, Sk.
S6H 0L2

For more information on our services contact us at:

306-693-4677 or

Fax: 306-693-0477

E-mail: reception@mjmcinc.ca

Upcoming Events

March 2—Spanish Classes Begin 7:00 PM

March 5— International Women’s Day Come and Go Tea

March 17— MJMC/Motif Meeting 7:00 PM

April 2— Office Closed

April 5— Office Closed

April 21— MJMC/Motif Meeting 7:00 PM

April 23— MJMC Open House 1-3 PM and 5-7 PM

May 19— MJMC/Motif Meeting 7:00 PM

May 24— Office Closed

Volunteer Opportunities

Host Program— Volunteers from the community are matched with newcomers to Canada with the mandate of friendship. A commitment of one year is preferable. Volunteers can set the amount of time they spend with newcomers.

Tutoring Program— Volunteers can come onsite for our language classes and spend one on one time with student or assist one of our English as a Second Language (ESL) teachers.

Motif— This annual festival is dependent on 100 % volunteer time and commitment. There are many ways to help make this festival a success each year.

For information on any volunteer opportunities contact 693-4677.

Membership

If you would like more information on how to join one of our existing groups or your group would like to become a member of the Moose Jaw Multicultural Council, contact us at

Phone: 693-4677

Fax: 694-0477

Email: reception@mjmcinc.ca

Eating Healthy on a Budget

In February the Host Program Coordinator, Joanne Ogilvie along with our Social Worker, Velvet Wilkinson held an after school presentation titled, “Eating healthy on a Budget.” We were able to obtain the Canada Food Guide in 8 different languages to better suit the needs of our students. We focused mainly on healthy snacks for lunches and after school. We purchased nutritional items such as fruits and vegetables to show the students how to buy large quantities and then break them down into reasonable size portions.

We encouraged the students to purchase these items as opposed to pre-packed snacks that are usually high in calories, fats, and sugars. We also discussed the importance of whole grain foods and made sandwiches to allow the students to try whole wheat bread, while giving them a simple and affordable idea for lunch. Next we showed the students what unhealthy choices were such as candy, pop, and chips. Although these items are usually less expensive, they are high in sugars and lack important vitamins and nutrients. Many important

questions were brought up as to what would be an adequate substitute for items that they did not like or could not eat. This allowed us to use our imagination to think up all of the wonderful foods we have that we overlook such as beans and lentils, which are high in fiber, iron, and protein. Eating healthy is a struggle for everyone as our fast paced lifestyles seem to get the best of our eating habits. But making a point to purchase good quality, nutritious foods can boost our immune system and give us energy. When you eat healthy you look and feel better.